

spiritual awakening



Schedule

Workshop times: 9:30am-1:00pm
(registration from 9:15am)

Coastal Wellbeing Centre
9 First Avenue
Maroochydore 4558

Cost: \$55 per workshop
or \$330 for the series
(all prices include GST)

Registration

To register, or for more
information, please contact:
Coastal Wellbeing Centre
p: 5479 0746
e: kaye@kayehalligan.com
w: kayehalligan.com

Bookings essential:
places limited
— *be quick!*

Seven workshops to awaken and expand your spirituality...

● CRYSTAL AWARENESS I 21 March

• Choosing and using crystals • Healing and meditating with crystals • Programming and cleansing your crystals • Includes a manual and free crystal.

● AFFIRMATIONS AND MEDITATION 18 April

• Write your own affirmations • Guided meditation • Meditation through chanting • Singing bowls and smudging • Take home a free manual and meditation CD.

● CRYSTAL AWARENESS II 16 May

• Identifying and using master and specialist crystals • Learn properties of master crystals • Includes manual and free crystal.

● DREAM & GOAL REALISATION 1 August

• How to identify, manifest and align your life goals and dreams • Take home your own dream board • All materials supplied, including manual.

● ADVANCED CRYSTAL AWARENESS 8 August

• Using pendulums • Learn how to grid your home or office space • Healing through gridding • Includes manual and 18 free grid templates.

● UNDERSTANDING CHAKRAS 12 September

• Properties of chakras • How to balance, clear and centre chakras • Take home a free manual and chakra essence.

● TOTEM ANIMAL AND GUARDIAN ANGEL 17 October

• Totem animals and guardian angels • Identify your own totem animal and guardian angel through guided meditation • Includes a free manual and candle.

About Kaye Halligan

Kaye Halligan is a natural therapist specialising in vibrational kinesiology, reiki and spiritual healing, working predominately with identifying and unlocking the subconscious patterning or programming that impacts our day-to-day life. Most of the techniques that Kaye uses have been personally channeled and developed over the years, and so are unique. Kaye has been working in the spiritual field since 1990, evolving in knowledge and skills as the energies on the planet have evolved, and is now based at the Coastal Wellbeing Centre on the Sunshine Coast. Kaye is regularly invited to teach workshops around Australia and internationally.

